

3 A.M.

Count: 48 Wall: 4 Level: Intermediate

Choreographer: Ria Vos, (October 2017)

Music: "3 A.M." Jesse & Joy



Intro: 16 Counts (± 9 sec)

S1: Walk, Walk, Rocking Chair, Step Fwd, ½ Turn R, Sailor ¼ R Cross

- 1-2 Step Fwd R-L
- 3& Rock Fwd on R, Recover on L
- 4& Rock Back on R, Recover on L
- 5-6 Step Fwd on R, ½ Turn R Step Back on L (6:00)
- 7&8 Step R Behind L, ¼ Turn R Step L Next to R, Cross R Over L (9:00)

S2: Side Rock- Cross, Side Rock-Cross, Mambo Fwd, Walk Back x2

- 1&2 Rock L to L Side, Recover on R, Cross L Over R
- 3&4 Rock R to R Side, Recover on L, Cross R Over L
- 5&6 Rock Fwd on L, Recover on R, Step Back on L
- 7-8 Step Back on R Swiveling L Toe Out, Step Back on L Swiveling R Toe Out

S3: Coaster Step, Lock-Step-Lock-Step, ¼ R Point, ½ L Point, Crossing Shuffle

- 1&2 Step Back on R, Step L Next to R, Step Fwd on R
- &3 Lock L Behind R, Step Fwd on R
- 4 ¼ Turn R Point L to L Side (12:00)
- 5-6 ¼ Turn L Step Fwd on L, ¼ Turn L Point R to R Side (6:00)
- 7&8 Cross R Over L, Step L to L Side, Cross R Over L

S4: Chasse ¼ R, Shuffle ½ R, Rock Fwd, Side Rock, Sailor ¼ Turn L

- 1&2 Step L to L Side, Step R Next to L, ¼ Turn R Step Back on L (9:00)
- 3&4 ¼ Turn R Step R to R Side, Step L Next to R, ¼ Turn R Step Fwd on R (3:00)
- 5& Rock Fwd on L, Recover on R
- 6& Rock L to L Side, Recover on R
- 7&8 Step L Behind R, ¼ Turn L Step R to R Side, Step L to L Side (12:00)

*****Restart Point wall 5 (12:00)**

S5: Diamond ¼ R, Hip Bumps, Behind-Side Cross

- 1&2 Cross R Over L, 1/8 Turn R Step Back on L, Step Back on R (1:30)
- 3&4 Step Back on L, 1/8 Turn R Step R to R Side, Cross L Over R (3:00)
- 5&6 Step and Bump R to R Side, Recover on L, Bump R to R Side
- 7&8 Step L Behind R, Step R to R Side, Cross L Over R

S6: Side-Together-Back, Chasse ¼ L (x2)

- 1&2 Step R to R Side, Step L Next to R, Step Back on R
- 3&4 Step L to L Side, Step R Next to L, ¼ Turn L Step Fwd on L (12:00)
- 5&6 Step R to R Side, Step L Next to R, Step Back on R
- 7&8 Step L to L Side, Step R Next to L, ¼ Turn L Step Fwd on L (9:00)

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