



HEART STRINGS

Choreographed by Ivonne Verhagen

32 count 2 wall Intermediate level line dance

Music : Heart Strings by Ben Saunders (Album You Thought You Knew Me By Now)

You can download via i-Tunes

Dance starts after 16 counts

"Presented for the first time during the Country & Line Dance Day 2012"

STEP SIDE, ROCK, STEP, STEP SIDE, CROSS BEHIND, STEP SIDE, CROSS OVER, SIDE ROCK STEP, CROSS OVER, ¼ TURN LEFT, ¼ TURN LEFT,

1,2,& RF step to the right side, lf rock back, rf weight back on rf.

3,4,& LF step to the left side, rf cross behind left, left step to the left side

5,6,& RF cross over lf, LF rock left side, RF weight on RF

7,8,& LF cross over RF, ¼ turn left & RF step back, ¼ turn left & LF step side

CROSS ROCK STEP, STEP SIDE, CROSS ROCK STEP, STEP SIDE, BEND BOTH KNEES (GO DOWN) & COME UP, RF ROCK SIDE, WEIGHT BACK, FULL TURN LEFT

1,2,& RF cross rock over lf, weight back on lf, rf step to the right side

3,4,& LF cross rock over rf, weight back on rf, lf step to the left side

Restart in wall 6

5,6 Bend both knees & go down (also arms), Come up & step RF side (right arm to right side)

7&8 ¼ turn left & LF step forward, ½ turn left & RF step back, ¼ turn left & LF step side

CROSS ROCK STEP, SIDE (WRAPP IN), 1,¼ TURN LEFT, ROCK STEP FORWARD, STEP BACK, STEP FORWARD, ½ TURN LEFT

1&2 RF cross rock over LF, weight back on LF, RF step side (body turns right, wrap in)

3&4 ¼ turn left & LF step forward, ½ turn left & RF step back, ½ turn left & LF step forward

5&6 RF rock forward, weight back on LF, RF step back (move upper body back)

7,8,&1 Move body forward & weight on LF, RF step forward, ½ turn left & weight on LF, RF step forward

STEP FORWARD, WALK, WALK WALK, WALK BACK, WALK BACK, WALK BACK, SAILOR ¼ TURN LEFT, CROSS ROCK, STEP

2&3 LF walk forward, RF walk forward, LF walk forward

4,&5 RF walk back, LF walk back, RF walk back

6&7 ¼ turn left & LF cross behind RF, Rf step side, LF step side

8,& RF cross rock over LF, LF step in place

NOTE:restart the dance after count 12 in wall 6

End of the dance.

Have Fun!

www.ivonneenco.eu

<http://www.youtube.com/user/ivonneverhagen>

Ivonne.verhagen@planet.nl

Phone 0031 (0) 61514 3696



YouTube

