

# One Reason

Count: 64      Wall: 1      Level: Advanced Smooth

Choreographer: Fiona Murray, Guyton Mundy & Roy Hadisubroto – Nov 2016

Music: Million Reasons by Lady Gaga



## [1-8] side, 1/4, 1/2, step, 1/4, out with arm raise, hand close, knee pop, prep, 1 1/4, hitch

- 1-2                    step right to right, make ¼ turn stepping together with left  
step forward on right as you make ½ turn pivot left, step down on left, make ¼ turn
- 3&3&4                left stepping right to right side, step left to left as you raise right arm up in front palm  
open
- 5&a                    close fist, pop knees up, return to neutral
- 6                        rock to right as you prep
- 7&8                    make ¼ turn left as you step forward on left, make ½ turn left stepping back on right,  
make ½ turn left stepping forward on left as you hitch right up and bring arms in to  
chest

## [9-16] Back X2, 1/4 rock, sway, full, sways, step with sweep, cross, side, back on diagonal

- 1&2                    step back on right, step back on left, make ¼ turn right rocking right to right
- 3&4&                    sway left, make ¼ turn right stepping forward on right, make ½ turn right stepping  
back on left, make ¼ turn right rocking right to right
- 5&6                    sway left, sway right, step left to left as you sweep right in front
- 7&8                    cross right over left, step back on left, step back on right to the diagonal at 1:30  
while prepping back to right

## [17-24] coaster, full, slow running step, rock recover back, back X 2, 1/4 turn rock

- 1&2                    step back on left, step together with right, step forward on left
- 3&4                    ½ turn over left stepping back on right, ½ turn over left stepping forward on left, step  
forward on right as you lift left leg up like you're running slowly
- 5&6                    rock forward on left, recover on right, step back on left
- 7&8                    step back on right, step back on left, make 1/8 of a turn as you rock right to right  
bringing arms up into a prep

## [25-32] Rock/recover step with arm hit and sweep, cross, side, back with sweep, coaster, 1/2, 1/2, Full

- 1&2                    rock forward on left as you swing right elbow forward, rock back on right as you  
swing right elbow back, make ¼ turn left as you step forward on left and sweep right  
forward and throw right arm forward (this will be to 12:00 wall)
- 3&4                    cross right over left, step back on left, step back on right
- 5&6                    step back on left, step together with right, step forward on left
- 7&8                    make ½ turn over left stepping back on right, make ½ turn over left stepping forward  
on left, make full turn on left over left

## [33-40] Out with arm raise and foot tap, side, behind, together, 1/4 rock with collapse and arm styling, back, back, 1/4 with arm hits

- 1-2                    step right to right as you raise right hand with right index finger pointed up and tap  
right heel, tap right heel again
- 3-4&5                drop right arm as you step left to left, make ¼ turn right as you step back on right,  
step together with left, step forward on right as you bow down with hands in prayer  
positon

- 6&7 step back on left as you drop hands and raise body back up, step back on right, make ¼ turn left as you step left to left side extending left hand out to left side with open palm
- &8& extend right hand to right with open palm, bring hands to chest as you drop head, throw both hands out to either side as you lift head

**[41-48] step with sweep, cross back, 1/2, 1/2, full, cross back side, cross back side**

- 1-2 step forward on left as you sweep right forward, cross right over left
- &3-4 step back on left, make ½ turn over right stepping forward on right, make ½ turn over right stepping back on left
- &5 make ½ turn over right stepping on ball of right as you start a ½ turn sweep to the right, finish ½ turn sweep over right
- 6&7 cross left over right, step diagonally back on right, step back on left
- &8& cross right over left, step diagonally back on left, rock back on right

**[49-56] walks with arm pull, rock/recover, 1/2, 1/2, big step back with push, rock/recover**

- 1& step forward on left raising right arm up diagonally forward palm open facing forward, close fist as you rotate hand ½ turn so fist is facing upward
- 2& step forward on right as you draw right hand in and down to right side, lift left hand up palm open as you slide left foot next to right
- 3& step forward on left as you close left fist bringing left arm down to left side, left right hand up palm open as you slide right foot next to left
- 4 step forward on right as you close right fist bringing right arm down to right side,
- 5&6 rock forward on left, recover on right, make ½ turn over left stepping forward on left
- &7 make ½ turn over left stepping back on right, take big step back on left as you push right hand forward palm open
- 8& rock back on right, recover on left

**[57-64] walks with arm raise, hook, 1/2, piece sign with look, step, half pivot, 1/2 with push, 1/2**

- 1-2-3 walk forward on right, walk forward on left, walk forward on right as you raise right hand with right index finger extended
- &4 hook left behind right, unwind ½ turn over left
- 5 look over right shoulder as you give peace sign (index and middle finger spread into "V" with other fingers closed)
- 6&7 step forward on right as you drop your right hand, make ½ turn pivot over left shoulder weight transitioning to right foot, make ½ turn over left stepping forward on left as you push right hand back palm open
- 8& step forward on right as you drop right hand, make ½ turn over left transitioning weight to left foot

**Restart: Restart on 2nd time through will be at count 60. As you hook-unwind, unwind a full turn over left shoulder and restart the dance by stepping right to right.**

**Tag: Happens on 3rd time through. On last 8, after rock-recover, you walk forward 1-2-3 while raising hand up with index finger pointed. Rock forward on left, rock back on right, step back on left for 4&5. Walk back on right for 6, walk back on left for 7. Rock back on right, recover on left. Step forward on right which will restart dance on last 8 counts.**

**Ending: On the last 8 counts staring at 5, the music will start to slow down. Continue the dance through 6&7. Do not make ½ turn back to front wall. Just walk off the dance floor.**