



THE ISLAND

Music : « The Island » by Shauna McStravock

Choreographed by Séverine Fillion (Sept 2016)

Description : Line Dance, 64 counts, 4 walls (No Tag, No Restart)

Level : Intermediaite

Intro : 18 counts

1-8 HEEL SWITCH, SCUFF HITCH STOMP, TOE & HEEL TOUCHES, COASTER STEP

1&2& Touch right heel fwd, recover on right, Touch left heel fwd, recover on left

3&4 Scuff right, Hitch right knee, right Stomp cross over left

5&6 Touch left toe just behind right, recover on left, Touch right heel fwd

7&8 Right back, left next to right, right fwd

9-16 HEEL SWITCH, SCUFF HITCH STOMP, TOE & HEEL TOUCHES, COASTER STEP

1&2& Touch left heel fwd, recover on left, Touch right heel fwd, recover on right

3&4 Scuff left, Hitch left knee, left Stomp cross over right

5&6 Touch right toe just behind left, recover on right, Touch left heel fwd

7&8 Left back, right next to left, left fwd

17-24 HEEL GRIND & HEEL GRIND & HEEL GRIND ¼ TURN R, COASTER STEP

1-2 Push right heel on the ground and swivel right toe to the right

& Recover on right next to left

3-4 Push left heel on the ground and swivel left toe to the left

& Recover on left next to right

5-6 Push right heel on the ground and swivel right toe to the right with ¼ turn right

3 :00

7&8 Right back, left next to right, right fwd

25-32 TRIPLE STEP FWD, STEP ½ TURN L, ¼ TURN L & SIDE TRIPLE, BEHIND SIDE CROSS

1&2 Triple step left - right - left fwd

3-4 Right step fwd, Turn ½ left (weight on left)

9 :00

5&6 Turn ¼ left and Triple step right - left - right to right side

6 :00

7&8 Left cross behind right, right to right, left cross over right

33-40 KICK BALL CROSS, KICK BALL CROSS, SIDE ROCK, SAILOR STEP

1&2 Kick right fwd, right next to left, left cross over right

3&4 Kick right fwd, right next to left, left cross over right

5-6 Rock step right to right side, recover on left

7&8 Right cross behind left, left to left, right to right

41-48 SAILOR STEP, BEHIND SIDE CROSS, PADDLE FULL TURN LEFT

1&2 Left cross behind right, right to right, left to left

3&4 Right cross behind left, left to left, right cross over left

5&6&7&8 Full turn left in place started by left foot : L - R - L - R - L - R - L

49-56 CROSS ROCK & CROSS ROCK & STEP ½ TURN L, WALK, WALK

1-2& Cross Rock right over left, recover on left, right next to left

3-4& Cross Rock left over right, recover on right, left next to right

5-6 Right step fwd, Turn ½ left (weight on left)

12 :00

7-8 Walk fwd on right, on left

57-64 CROSS ROCK, SIDE TRIPLE STEP, CROSS ROCK, ¼ TURN L & TRIPLE FWD

1-2 Cross Rock right over left, recover on left

3&4 Triple step right - left - right to right side

5-6 Cross Rock left over right, recover on right

7&8 ¼ turn left and Triple step left - right - left fwd

9 :00

START AGAIN & ENJOY !