

# Break It Back Down

Count: 32      Wall: 4      Level: Beginner

Choreographer: Dwight Meessen – March 2017

Music: "Break It Back Down" by Pat Green (album: Home) 128 bpm



## Intro 48 counts

### Rock Fwd Recover, Shuffle Bkw, Rock Back Recover, Shuffle Fwd

- 1-2                      RF rock forward, LF recover
- 3&4                     RF step back, LF step beside, RF step back
- 5-6                     LF rock back, RF recover
- 7&8                     LF step forward, RF step beside, LF step forward

### Pivot ¼ L x2, Cross, Side, Sailor

- 1-2                     RF step forward, R+L ¼ turn left
- 3-4                     RF step forward, R+L ¼ turn left
- 5-6                     RF cross over, LF step side
- 7&8                     RF cross behind, LF step beside, RF step side

### Weave ¼ R, Pivot ½ R, Shuffle ½ R

- 1-4                     LF cross over, RF step side, LF cross behind, RF ¼ right step forward
- 5-6                     LF step forward, L+R ½ turn right
- 7&8                     LF ¼ right step side, RF step beside, LF ¼ right step back

### Rock Back Recover, Shuffle Fwd, Rock Fwd Recover, Coaster

- 1-2                     RF rock back, LF recover
- 3&4                     RF step forward, LF step beside, RF step forward
- 5-6                     LF rock forward, RF recover
- 7&8                     LF step back, RF together, LF step forward

## Start again