

CHI BALLA MIXER



Pronounced: KEE BAH LAH
Choreographed by Ira Weisburd (USA)
Music: Chi Balla by Orchestra Mario Riccardi (Italy)
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Beginner Couple Mixer
Formation: Couples face to face in a circle
32 Count; Polka rhythm;
Dance starts approximately 17 seconds into song.
This is a mixer, change partner dance or "icebreaker".
Fun to do at parties or social!
The steps are nearly identical to the steps of the line dance version of the same dance by Ira Weisburd.

(COUPLES STAND FACE TO FACE AND JOIN HANDS IN FRONT; Men on inner circle facing out of center, Women on outer circle facing center); Men—L foot; Women— R foot. Footwork described for Men; Women use opposite footwork)

PART I. (TOUCH L HEEL TO L, TOUCH L TOE BESIDE R, TRIPLE STEP TO L; STEP R ACROSS L, RECOVER BACK ON L, TRIPLE STEP TO R)

1-2 (Face to Face and join hands) Touch L heel to L, Touch L toe beside R
3&4 Step L to L, Step-close R to L, Step L to L (Release leading arms ie. Men's L; Women's R)
5-6 Step R across L, Recover back on L
7&8 (Join leading arms again and Men release R, Women release L)
Step R to R, Step-close L to R, Step R to R

PART II. (L CROSS ROCK, RECOVER; TRIPLE STEP TO L MAKING 1/4 TURN L TO FACE CCW; STEP R FORWARD, RECOVER BACK ON L, R COASTER STEP)

1-2 Step L across R, Recover back on R (Change hands ie. Men's R, Women's L joined) -
3&4 Step L to L, Step-close R to L, Step L to L (making 1/4 turn L) Face CCW (Counterclockwise)
5-6 Step R forward, Recover back on L
7&8 Step R back, Step-close L to R, Step R forward

PART III. (SWAY L TO L, SWAY R TO R, STEP L ACROSS R, STEP R TO R, STEP L ACROSS R (Changing places and hands with partner by crossing behind her); SWAY R TO R, SWAY L TO L, STEP R ACROSS L, STEP L TO L, STEP R ACROSS L (Changing hands again and back to original places by crossing behind partner)).

1-2 Step L to L, Step R to R
3&4 Step L across R, Step R to R, Step L across R (Changing hands and place; crossing behind woman)
5-6 Step R to R, Step L to L
7&8 Step R across L, Step L to L, Step R across L (Changing hands and going back to original places by crossing behind partner)

PART IV. (SWAY L TO L, SWAY R TO R, STEP L ACROSS R & SLAP L PALM TO PARTNER'S R PALM, RECOVER BACK ON R, TURN WOMAN IN 4 STEPS OVER HER R SHOULDER TO THE NEXT MAN BEHIND HER ON THE CIRCLE)

1-2 Step L to L, Step R to R
3-4 Step L across R & Slap L palm to partner's R palm, Recover back on R
5-6 Step in place L,R (while assisting woman to roll back on the circle over her R shoulder in 2
7-8 Turn 1/4 to R to face out of circle in 2 steps (L,R) and join both hands with your new partner.

BEGIN DANCE.