

Down At The Station

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Fred Whitehouse – July 2015

Music: Down at the Station by Billy Yates

Intro – 32 counts from start of track

Cross rock side shuffle x2

- 1,2 Rock RF across LF, recover onto L
3&4 Step RF to R, close LF next to R, step RF to R
5,6 Rock LF across RF, recover onto R
7&8 Step LF to L, close RF next to L, step LF to L

Cross, side, sailor step, cross, side, sailor step ¼ turn L

- 1,2 Cross RF over L, step LF to L side
3&4 Step RF behind L, step LF to L, step RF to R (angle body to R diagonal)
5,6 Cross LF over R, step RF to R side
7&8 Step LF behind R, step RF to R, ¼ turn L stepping LF forward (9.00)

*** Restart here wall 8 ***

R shuffle, L shuffle, step pivot ½ L x2

- 1&2 Step RF forward, close LF next to R, step RF forward
3&4 Step LF forward, close RF next to L, step LF forward
5,6 Step RF forward, pivot ½ turn L placing weight on L
7,8 Step RF forward, pivot ½ turn L placing weight on L

Kick & touch & kick & touch, cross rock, triple full turn L

- 1&2& Kick RF forward, step RF forward, touch LF behind R heel, step LF in place
3&4 Kick RF to R diagonal, touch LF beside R facing diagonal
5,6 Cross rock LF over R, recover onto R
7&8 ¼ turn L stepping LF forward (6.00), ½ turn L stepping RF back, ¼ turn L stepping LF
 to L side (9.00)

***Restart happens on wall 8 after 16 counts.**

Do not make the ¼ turn on the second sailor step stay on 3 o'clock wall*

Enjoy