

# EAST BOUND & DOWN 2000

**Count:** 32    **Wall:** 4    **Level:** beginner/intermediate

**Choreographer:** Kathy Hunyadi

**Music:** East Bound and Down by Jerry Reed

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Choreographed for Dance Roundup '99 at Mystic Lake Casino, Prior Lake MN

## **SHUFFLES FORWARD, SHUFFLES BACK, SHUFFLES FORWARD, WALK BACK, TOUCH, CLAP TWICE**

- 1&2-3&4      Moving toward 1st corner to right of center wall (2:00), right shuffle forward (right, left, right); left shuffle forward (left, right, left)
- 5&6-7&8      Turn ¼ from last corner as you move back (facing 4:00) and right shuffle back (right, left, right); left shuffle back (left, right, left)
- 1&2-3&4      Turn ¼ right from last corner as you travel forward (facing 8:00), right shuffle forward (right, left, right), left shuffle forward (left, right, left)
- 5-6-7&8      Walk back right, left as you square off to face 9:00; cross right foot over left touching toes to left of left foot; clap twice (&8)

This is the diamond shape like in "Reggae Cowboy". It is 3 successive corners to right, followed by the next wall

## **LONG SIDE STEP RIGHT, ROLLING 360 VINE LEFT, TOUCH**

- 1-2-3-4      Take long side step right over counts 1-4; touch left toes beside right
- 5-6-7-8      Turn ¼ left as you step forward, continue to turn ½ left stepping back on right, turn ¼ left as you step left foot to side; touch right foot beside left

## **ROCK, STEP, ½ TURN RIGHT, SHUFFLE IN PLACE; ½ TURN RIGHT, STOMP, CLAP TWICE**

- 1-2-3&4      Rock forward on right foot, recover weight to left foot while turning ½ to right, shuffle in place right, left, right
- 5-6-7&8      Step forward on left foot, turn ½ to right, step right foot in place; stomp left foot forward (taking weight); clap hands twice

## **REPEAT**

**This was especially fun to choreograph to! It goes to show that there are some really well phrased old country tunes that are fun to dance to!**

**-- Kathy Hunyadi**