

# Throwback Swing

**Count:** 32

**Wall:** 4

**Level:** Absolute Beginner

**Choreographer:** Glynn "Applejack" Rodgers – July 2017

**Music:** Throwback Love – Megan Trainor

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**Alt. music:-**

**You Don't, You Won't – Billy Gilman**

**Vem Vet – Kikki Danielsson**

**I Might – Shakin' Stevens**

**Phrasing: No Tags or Restarts**  
**(Floorsplit for Throwback love)**

**[1-8] Point Out-In-Out, Weave Left.**

1-2 Point right to right side, touch right beside left.

3-4 Point right to right side, hold (or kick right foot to diagonal).

**Easier Tap right toe to right side, hold. Tap right toe to right side, hold.**

5-6 Cross right behind left, step left to left side.

7-8 Cross right over left, hold.

**[9-16] Point Out-In-Out, Weave Right.**

1-2 Point left to left side, touch left beside right.

3-4 Point left to left side, hold (or kick left foot to diagonal)

**Easier Tap left toe to left side, hold. Tap left toe to left side, hold.**

5-6 Cross left behind right, step right to right side.

7-8 Cross left over right, hold.

**[17-24] Sugarfoot Right & Left.**

1-2 Touch right toe to left instep, dig right heel slightly forward.

3-4 Stamp forward right, hold.

5-6 Touch left to left right instep, dig left heel slightly forward.

7-8 Stamp forward left, hold.

**[25-32] Step, Clap, Pivot ¼ Turn, Clap, Side Clap, Side Clap.**

1-2 Step forward right, clap hands forward.

3-4 Pivot ¼ left, clap hands to left side.

5-6 Step right to place, clap hands to right side.

7-8 Step left to place, clap hands to left side.

**Easier All claps can be done centralised rather than side to side.**

**Note** Although I have said to step to place on counts 5&7, it should be more of a rocking motion from side to side once the dancer is comfortable with the dance.