

# 45 Degrees

**COPPER** **NOB**  
BY THE POSTAL SERVICE

**Count:** 32

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Ria Vos (NL) - October 2021

**Music:** 45 Fahrenheit Girl - Drew Sycamore



**Intro: 36 (4+32) Counts, on the word "took..." (18sec)**

## **Skate R, Skate L, Shuffle Fwd, Rock Fwd, Shuffle ½ Turn L**

- 1-2 Skate Fwd on R to R Diagonal, Skate Fwd on L to L Diagonal
- 3&4 Shuffle Fwd Stepping R-L-R
- 5-6 Rock Fwd on L, Recover on R
- 7&8 Shuffle ½ Turn L Stepping L-R-L (6:00)

## **¼ L Chasse, Rock Back, Side, Touch, Kick-Ball-Cross**

- 1&2 ¼ Turn L Step R to R Side, Step L Next to R, Step R to R Side (3:00)
- 3-4 Rock Back on L, Recover on R
- 5-6 Step L to L Side, Touch R Next to L
- 7&8 Kick R to R Diagonal, Step on Ball of R Next to L, Cross L Over R

## **Side Rock, Chasse ¼ Turn R, Step Pivot ½ Turn R, Shuffle Fwd**

- 1-2 Rock R to R Side, Recover on L (Sway Hips)
- 3&4 Step R to R Side, Step L Next to R, ¼ Turn R Step Fwd on R (6:00)
- 5-6 Step Fwd on L, Pivot ½ Turn R (12:00)
- 7&8 Shuffle Fwd Stepping L-R-L

## **½ L, ¼ L, Cross Shuffle, Side Rock, Coaster Cross**

- 1-2 ½ Turn L Step Back on R, ¼ Turn L Step L to L Side (3:00)
- 3&4 Cross R Over L, Step L to L Side, Cross R Over L
- 5-6 Rock L to L Side, Recover on R
- 7&8 Step Back on L, Step R Next to L, Cross L Over R

**No Tags No Restarts**

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