

Celtic Lady

54 counts, 2 walls, Intermediate waltz

Choreographer : Yvonne Anderson (June 2014)

Music : Caledonia by Donna Taggart, Album Celtic Lady Vol 1

Notes: Start on Vocal, break at the end of wall 6 (see notes). Music ends during section 2

FULL WALTZ TURN FORWARD, (or basic forward), CROSS 1/4, CROSS 1/4, 1/4, TWINKLE

1-3 Facing forward left diagonal [11.30] Step R fwd, Make 1/2 turn right stepping L back, Make 1/2 turn right stepping R fwd [11.30]

4-6 Step L across right (squaring off to 9 o'clock wall), Make 1/4 turn left stepping R back, Step L to side [6]

1-3 Step R across left, Make 1/4 turn right stepping L back, Make 1/4 turn right stepping R to side [12]

4-6 Step L across right, Step R to side, Step L in place [12]

CROSS, 3/4 TURN, STEP FORWARD, LUNGE RECOVER STEP BACK, CROSS BACK SIDE CROSS, 1/4 DRAW

1&2,3 Step R across left, (&) Make 1/4 turn right stepping L back, Make 1/2 turn right stepping R fwd, Step L fwd [9]

4-6 Lunge R forward (right knee is bent), Recover weight on L, Step R foot back and slightly right [9]

1&2,3 Step L across right, (&) Step R back, Step L back and slightly left, Step R across left [9]

4-6 Step L back, On ball of left make 1/4 turn right stepping R to right (long step), Draw L towards right (weight remains on right) [12]

SIDE STEP SPIRAL, FRONT- SIDE- BEHIND SIDE, FRONT-SIDE-BEHIND-1/4, TWINKLE

1-3 Step L to left, Step R across left on ball of R make a full spiral turn left, Step L to side [12]

(Easier option Step L to left, Step R across left, Step L to left)

4&5,6 Step R across left, (&) Step L to left, Step R behind left, Step L to left [12]

1&2,3 Step R across left, (&) Step L to left, Step R behind left, Make 1/4 turn left stepping L forward [9]

4&6 Step R across left, (&) Step L to left, Step R in place, Step L across right [9]

CROSS, SIDE DRAW 1/4 1/2, 1/2, BASIC FORWARD, BACK 1/2 STEP

1-3 Step R to right (long step), Draw left towards right, Touch I toes beside right [9]

4-6 Make 1/4 turn left stepping L forward, Make 1/2 turn left stepping R back, Make 1/2 turn left stepping L forward [6]

1-3 Step R forward, Step L beside right, Step R back (small step) [6]

4-6 Step L back, Make 1/2 turn right stepping R forward, Step L forward [12]

BASIC FORWARD, BACK 1/2 STEP

1-3 Step R forward, Step L beside right, Step R back (small step) [12]

4-6 Step L back, Make 1/2 turn right stepping R forward, Step L forward [6]

REPEAT

BREAK at the end of wall 6 (facing 12 o'clock) there is a break in the music for 6 slow counts

R Twinkle, L Twinkle

1-3 Step R across left, Step L to left, Step R in place [12]

4-6 Step L across right, Step R to side, Step L in place [12]