

FROM THE GROUND UP EZ

Choreographed by Martine CANONNE (FR - march 2018)

Descriptions : 24 counts, 2 walls, line-dance country, beginner /beginner (waltz) – 1 RESTART

Start : 48 counts

Music : "From The Ground Up" by Dan + Shay (Album : Obsessed)

S1 – BASIC L FWD, BASIC R BACK

1-2-3 Step LF forward, step RF next to LF, recover LF

4-5-6 Step RF back, step LF next to RF, recover RF

S2 – CROSS L, POINT R & HOLD, BACK R, POINT L & HOLD

1-2-3 Cross LF over RF, touch point RF to R side, hold

4-5-6 Step RF behind LF, touch point LF to L side, hold

Restart : wall 18

S3 – LEFT TWINKLE, RIGHT TWINKLE WITH ¼ TURN RIGHT

1-2-3 Travelling forward Cross LF over RF, step RF diagonal R, step LF diagonal L

4-5-6 Cross RF over LF, turn ¼ R stepping LF back, step RF to R side (body face to diagonal R) (03:00)

S4 – LEFT TWINKLE, RIGHT TWINKLE WITH ¼ TURN RIGHT

1-2-3 Travelling forward Cross LF over RF, step RF diagonal R, step LF diagonal L

4-5-6 Cross RF over LF, turn ¼ R stepping LF back, step RF to R side (body face to diagonal R) (06:00)

FINISH : make the first 12 counts and Cross LF over RF, turn right to finish facing 12:00