

# Humble and Kind



**Count:** 96      **Wall:** 2      **Level:** Low Intermediate

**Choreographer:** Darren Bailey – Jan. 2016

**Music:** Humble and Kind by Tim McGraw

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## Intro: 48 Counts

**Think of this dance broken down into 3 sections. Section 1 is a 12 count pattern repeated. Section 2 is a 24 count pattern repeated. Section 3 is 24 counts.**

### Section 1: 24 Counts

#### **½ Diamond Rotating L, Step Forward, Sweep, Step Forward, Sweep**

- 1-2-3      Cross LF in front of RF, Step RF to R side, make a 1/8 turn L and step back on LF
- 4-5-6      Step back on RF, Make a 1/8 turn L and step LF to L side, Make a 1/8 turn L and step RF forward (7:30)
- 1-3      Step LF forward, Sweep RF from back to front over 2 counts (still facing 7:30)
- 4-6      Step RF forward, Sweep LF from back to front over 2 counts (Angle body to face 6:00)

#### **½ Diamond Rotating L, Step Forward, Sweep, Step Forward, Sweep**

- 1-2-3      Cross LF in front of RF, Step RF to R side, make a 1/8 turn L and step back on LF
- 4-5-6      Step back on RF, Make a 1/8 turn L and step LF to L side, Make a 1/8 turn L and step RF forward (1:30)
- 1-3      Step LF forward, Sweep RF from back to front over 2 counts (still facing 1:30)
- 4-6      Step RF forward, Sweep LF from back to front over 2 counts (still facing 1:30)

### Section 2: 48 Counts

#### **Forward Basic with L, Back Basic with R, Full Turning Waltz Step (Travelling)**

- 1-2-3      Step LF forward, Close RF next to LF, Step LF in place
- 4-5-6      Step back on RF, Close LF next to RF, Step RF in place
- 1-2-3      Step forward on LF making a ¼ turn L, Make a ¼ turn L and step back on RF, Close LF next to RF (7:30)
- 4-5-6      Step RF back, Make a ¼ turn L and step LF to L side, Make a ¼ turn L and step forward on RF (facing 1:30)

#### **Step Forward, Drag, Step Back, Drag, ½ turn L, Step Forward, Drag**

- 1-3      Step LF forward, Drag RF towards LF over 2 counts
- 4-6      Step back on RF, Drag LF towards RF over 2 counts
- 1-3      Step forward on LF, Make a ½ turn L over 2 counts with RF next to L ankle (7:30)
- 4-6      Step RF forward, Drag LF toward RF over 2 counts (facing 7:30)

#### **Forward Basic with L, Back Basic with R, Full Turning Waltz Step (Travelling)**

- 1-2-3      Step LF forward, Close RF next to LF, Step LF in place
- 4-5-6      Step back on RF, Close LF next to RF, Step RF in place
- 1-2-3      Step forward on LF making a ¼ turn L, Make a ¼ turn L and step back on RF, Close LF next to RF (1:30)

4-5-6 Step RF back, Make a  $\frac{1}{4}$  turn L and step LF to L side, Make a  $\frac{1}{4}$  turn L and step forward on RF (facing 7:30)

**Step Forward, Drag, Step Back, Drag,  $\frac{1}{2}$  turn L, Step Forward, Drag**

1-3 Step LF forward, Drag RF towards LF over 2 counts

4-6 Step back on RF, Drag LF towards RF over 2 counts

1-3 Step forward on LF, Make a  $\frac{1}{2}$  turn L over 2 counts with RF next to L ankle (1:30)

4-6 Step RF forward, Drag LF toward RF over 2 counts (facing 1:30)

**Section 3: 24 Counts**

**Full Diamond Rotating to L**

1-2-3 Make a  $\frac{1}{8}$  turn L and cross LF in front of RF, Step RF to R side, Make a  $\frac{1}{8}$  turn L and step back on LF

4-5-6 Step back on RF, Make a  $\frac{1}{8}$  turn L and step LF to L side, Make a  $\frac{1}{8}$  turn L and step RF forward (7:30)

1-2-3 Make a  $\frac{1}{8}$  turn L and cross LF in front of RF, Step RF to R side, make a  $\frac{1}{8}$  turn L and step back on LF

4-5-6 Step back on RF, Make a  $\frac{1}{8}$  turn L and step LF to L side, Make a  $\frac{1}{8}$  turn L and step RF forward (1:30)

**Step, Point Side, Hold,  $\frac{1}{2}$  turn R, Point, Hold, Step  $\frac{1}{4}$  L, Sweep  $\frac{3}{4}$  turn L, Step Side, Drag**

1-3 Step LF forward to 12:00, Point RF to R side, Hold

4-6 Make  $\frac{1}{4}$  turn R and step forward onto RF, Make a  $\frac{1}{4}$  turn R and point LF to L side, Hold (6:00)

1-3 Make  $\frac{1}{4}$  turn L and step forward onto LF, Make a  $\frac{3}{4}$  turn L with RF next to L ankle, Hold (6:00)

4-6 Take a big step to the R with RF, Slowly drag LF to RF over 2 counts

**Hope you enjoy the dance.**

**Live to Love; Dance to Express.**