



# Louisiana Hot Sauce

## 32 count, 2 wall, intermediate line dance

Choreographer Joanne Brady, Gordon Elliott, Max Perry, Jo Thompson (USA)

Choreographed To  
He's My Little Jalapeno by Scooter Lee

- HEEL STRUTS, HEEL DROPS
- 1& Left heel forward; drop left toe lifting left heel & bending left knee  
 2& Drop left heel to the floor twice shifting weight to left foot  
 3& Right heel forward; drop right to lifting right heel & bending right knee  
 4& Drop right heel to the floor twice shifting weight to right foot
- CROSS, UNWIND 1/2 TURN RIGHT, HEEL TWISTS, CLAP
- 5 Cross left over right, placing ball of left foot on floor  
 6 Unwind by turning right 1/2 and shifting weight to left foot with feet part  
 7&8 With weight on balls of both feet twist heels right, left, right  
 & Clap hands
- CAJUN JOGS FORWARD & CLAP
- 1&2 With weight mainly on balls of feet, step forward left, right, left  
 & Lift right knee & hop on left foot clapping hands  
 3&4 With weight mainly on balls of feet step forward right, left, right  
 & Lift left knee and hop on right foot clapping hands
- BACK SKIPS & FORWARD STOMP, HOLD
- 5 Step back left crossing slightly behind right  
 & Hop on left foot lifting right knee  
 6 Step right back crossing slightly behind left  
 & Rock back on ball of left foot  
 7 Stomp right to right forward diagonal bending right knee with weight over right foot  
 //(Optional: Arms out to sides, palms down on count 7)  
 8 Hold
- CROSS ROCKS & PADDLE TURN-LEFT
- 1 Cross left in front of right rocking onto left bending both knees  
 & Replace weight back to right straightening both legs  
 2 Small step left to left side  
 3 Cross right in front of left rocking onto right bending both knees  
 & Replace weight back to left straightening both legs  
 4 Small step right to right side  
 5 Cross left in front of right rocking onto left bending both knees  
 & Replace weight back to right straightening both legs  
 6 Small step left to left side turning 1/4 left starting a left paddle turn

- & Continuing left paddle turn with right foot slightly behind left, step on ball of right foot  
7 Replace weight to left foot continuing left turn  
& Left paddle turn with right foot slightly behind left, step on ball of right foot  
8 Replace weight to left foot completing paddle turn  
/(You are now facing the same wall you were when you did the cross rocks)

#### CROSS ROCKS & PADDLE TURN-RIGHT

- 1 Cross right in front of left rocking onto right bending both knees  
& Replace weight back to left straightening both legs  
2 Small step right to right side  
3 Cross left in front of right rocking onto left bending both knees  
& Replace weight back to right straightening both legs  
4 Small step left to left side  
5 Cross right in front of left rocking onto right bending both knees  
& Replace weight back to left straightening both legs  
6 Small step right to right side turning /14 right starting a right paddle turn  
& Continuing right paddle turn with right foot slightly behind left, step on ball of left foot  
7 Replace weight to right foot continuing right turn  
& Right paddle turn with left foot slightly behind right, step on ball of left foot  
8 Replace weight to right foot completing paddle turn  
/(You are now facing the same wall you were when you did the cross rocks)

REPEAT

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