

No Lo Trates

Choreographed : Esmeralda van de Pol nov 2019
Description : 32 counts, 4 wall Easy Int
Music : "No Lo Trates " by Pitbull, Daddy Yankee & Natti Natasha



Intro : 32 counts

DIAGONAL ROCKING CHAIR, CROSS, 1/8 TURN R, 1/8 TURN R, REVERSE ROCKING CHAIR, BEHIND SIDE CROSS 1/8 R

1&2&	Rock RF diagonal fwd, Recover weight on LF, Rock RF diagonal back, Recover weight on LF	10.30
3&4	Cross RF in front of LF, 1/8 turn R step LF to L side, 1/8 turn R step RF back	01.30
5&6&	Rock LF back, Recover weight on RF, Rock LF fwd, Recover weight on RF	01.30
7&8	Step LF back, 1/8 turn R step RF to R side, Cross LF in front of RF	03.00

SIDE ROCK CROSS, 1/4 TURN RX 2, CROSS, SIDE ROCK CROSS, CHASE L

1&2	Rock RF to R side, Recover weight on LF, Cross RF in front of LF	
3&4	1/4 turn R-step LF back, 1/4 turn R-step RF to R side, Cross LF in front of RF	09.00
5&6	Rock RF to R side, Recover weight on LF, Cross RF in front of LF	
7&8	Step LF to L side, Step RF next to LF, Step LF to L side **** restart point	

SYNCOPATED ROCKSTEPS, COASTER STEP, STEP-1/2 TURN R-STEP FWD, MAMBO STEP FWD

1&2&	Rock RF in front of LF, Recover weight on LF, Rock RF to R side, Recover weight on LF	
3&4	Step RF back, Step LF next to RF, Step RF fwd	
5&6	Step LF fwd, 1/2 turn R-weight on RF, Step LF fwd	03.00
7&8	Rock RF fwd, Recover weight on LF, Step RF back	

COASTER STEP, STEP 1/4 TURN L CROSS, 1/4 TURN R, CROSS, SIDE, SIDE TOUCH SIDE

1&2	Step LF back, Step RF next to LF, Step RF fwd	
3&4	Step LF fwd, 1/4 turn L-step RF to R side, Cross LF in front of RF	06.00
5&6	1/4 turn R-step LF back, Step RF to Side, Cross LF in front of RF	09.00
7&8	Step RF to R side, Touch LF next to RF, Step LF to L side	

RESTARTS:

Wall 2-5 & 8 after 16 counts

Dance With Esmeralda

Esmeralda v.d. Pol

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