

# Roots

**Count:** 48      **Wall:** 4      **Level:** Improver

**Choreographer:** Tina Argyle – July 2017

**Music:** Roots by Zac Brown Band - single - iTunes etc...



**Count In : 32 counts from start of track – just before lyrics**

## **Side Rock Cross Shuffle. ½ Hinge Turn Cross Shuffle.**

- 1 -2              Rock right to right side, recover.
- 3&4              Cross right over left step left to left side, cross right over left
- 5 -6              Make ¼ turn right stepping back left, make ¼ turn right stepping right to right side (6 o'clock)
- 7&8              Cross left over right, step right to right side, cross left over right.

## **Side Rock Cross Shuffle. Side Rock ¼ Turn. Step ¼ Pivot Turn.**

- 1 - 2              Rock right to right side, recover.
- 3&4              Cross right over left step left to left side, cross right over left
- 5- 6              Rock left to left side, make ¼ right onto right
- 7- 8              Step fwd left, make ¼ turn right onto right (12 o'clock)

## **Syncopated Jazz Box. Side Step. Rock Back. Heel & Cross**

- 1 - 2              Cross left over right, step back right
- &3-4              Step left to left side, cross right over left taking weight, step left to left side
- 5 - 6              Rock right behind left, recover
- 7&8              Slightly facing right diagonal Touch right to diagonal, step down right, cross left over right.

**\*\*\* Re Start here during Wall 5 facing 6 o'clock \*\*\***

## **Heel & Cross. Rock ¼ Turn. Dorothy Step Fwd Right Then Left**

- 1&2              Slightly facing right diagonal Touch right to diagonal, step down right, cross left over right.
- 3-4              Rock right to right side, make ¼ turn left onto left.
- 5 -6              Step fwd right to right diagonal, lock left behind right
- &7-8              Step fwd right to diagonal again, step left to left diagonal , lock right behind left
- &                  Step forward left square to (9 o'clock)

**\*\*\* Re Start here during Wall 2 facing 12 o'clock \*\*\***

## **Switching Rock Steps Fwd. Shuffle Back. Rock Back.**

- 1 - 2              Rock fwd right, recover onto left
- &3-4              Step right at side of left, Rock fwd left, recover onto right
- 5 &6              Step back left, close right at side of left, step back left
- 7- 8              Rock back right, recover weight onto left

**½ Shuffle Turn. Rock Back ½ Shuffle Turn. ½ Turn Walk Fwd Right, Left.**

- |      |                                                                                                 |
|------|-------------------------------------------------------------------------------------------------|
| 1&2  | Make 1/2 turn left stepping back right, step left at side of right, step back right (3 o'clock) |
| 3 -4 | Rock back left, recover weight onto right                                                       |
| 5&6  | Make 1/2 turn right stepping back left, step right at side of left, step back left (9 o'clock)  |
| 7- 8 | Make ½ turn right stepping fwd right then left (3 o'clock)                                      |

**Re-Starts on walls 2 & 5 - see step description above.**

**NB;- As the track slows down a the end, keep dancing you will finish the dance on count 7 of section one facing 12 o'clock then he sings the last word "Roots"**

**Thanks to Lee Webb for recommending this track x**

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