Count: 40 Wall: 4 Level: Improver
Choreographer: Glynn "Applejack" Rodgers \& Heather Barton - February 2020
Music: Sand - Greg Bates (3:45 - iTunes)

Count in: 32 Counts from main beat (Starts on Main Vocals) (Rotates anti-clockwise) Phrasing: Restart after count 24 on wall 1 / Restart after count 8 on wall 7.
[1-8] Side, Slide/Drag, Cross Shuffle, Hinge $1 ⁄ 2$ Turn, Shuffle Forward.
$1-2 \& \quad$ Take large step right side with right foot, drag/slide left foot towards right, close left to right.
$3 \& 4 \quad$ Cross right over left, step left slightly to left side, cross right over left.
5-6 Turn $1 / 4$ right stepping back left, turn $1 / 4$ right stepping side right.
7\&8 Step forward left, close right to left, step forward left.
** Restart here on wall 7 facing 3:00 (Wall 7 starts 9:00)
[9-16] Syncopated Forward Rocks, Lock Step Back, Shuffle $1 / 2$ Turn.
1-2\& Rock forward right, recover weight on to left, close right to left.
3-4
Rock forward left, recover weight on to right.
5\&6
Step back left, lock right over left, step back left.
$7 \& 8 \quad$ Turn $1 / 4$ right stepping side right, close left to right, turn $1 / 4$ right stepping forward right .
[17-24] Pivot $1 / 4$ Turn, Cross Shuffle, Rock $1 / 4$ Turn, Full Turn Forward.
1-2 Step forward left, pivot $1 / 4$ turn right.
3\&4 Cross left over right, step right slightly to right side, cross left over right.
5-6 Rock right to right side, recover weight on to left turning $1 / 4$ left.
7-8 Turn $1 / 2$ left stepping back right, turn $1 / 2$ left stepping forward left. (or walk right-left)
** Restart here on wall 1 facing 12:00 (Wall 1 starts 12:00)
[25-32] Mambo Forward, Coaster Step, Forward Rock, Shuffle 3/4 Turn.
1\&2 Rock forward right, recover weight on to left, close right to left.
3\&4
Step back left, close right to left, step forward left.
5-6
Rock forward right, recover weight on to left.
Turn $1 / 4$ right stepping right to right side, close left to right turning $1 / 4$ right, turn $1 / 4$ right stepping forward right.
[33-40] Rock \& Cross, Rock \& Cross, Side Rock, Behind \& Cross.
1\&2 Rock left to left side, recover weight on to right, cross left over right.
Rock right to right side, recover weight on to left, cross right over left.
5-6
7\&8
Rock left to left side, recover weight on to right.
Cross left behind right, step right to right side, cross left over right.
Start again \& enjoy!

