

Count: 48 Wall: 2 Level: Intermediate / Advanced

Choreographer: Nicola Lafferty (Feb. 2016)

Music: Shut Up & Dance (Acoustic Version) by Tyler Ward. Album: Cookin' Covers

#### **Count In: 32 Count Intro**

Note: There is one small tag and restart on Wall 4 after count 16 (see note below)

### [1-8]Walk R, L, Twist ½ Turn x 2, Sweep, Cross & Close, Walks to Diagonal

1,2	Walk fwd RF, Walk fwd LF
3	Transferring weight to RF, keep feet where they are and look back over R shoulder at

6 o'clock

4 Rotate back to 12 o'clock, taking weight to LF and sweeping RF from front to back

Cross RF over LF, Step LF a small step to L side as you angle body to R diagonal

5&6 (1.30), Close RF to LF (still facing 1.30)

7,8 Continuing to face 1.30, Walk fwd LF, Walk fwd RF

## [9-16]Rock, Recover, Slide, Ball change, Press, Sweeps Back (all facing 1.30)

1,2	Rock LF fwd,	Recover	weight to RF

3&4 Slide LF a big step back, Close RF to LF, Step LF fwd

5 Press ball of RF foot fwd, bending R knee

Step back on LF sweeping RF from front to back
Step back on RF sweeping LF from front to back
Step back on LF sweeping RF from front to back

#### [17-24]Rock, Recover, Cross Ballchanges x 2, ½ Pivot with Hip Roll

1,	2 Still facing	1.30,	Rock back on RF	, recover weight to LF

Making 1/8 turn R to square up to 3.00, Cross RF over LF, Rock LF to L side, Recover

weight to RF

5&6 Cross LF over RF, Rock RF to R side, Recover weight to LF

7,8 Step RF fwd, ½ Pivot turn L, rolling hips from L to R (face 9.00)

# [25-32]Side Rock, Recover with Hitch, Behind Side, Cross Rock, Recover, ¼ Turn, Touch

1,2	ROCK	KF to F	k side, Recover	weight to LF
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3 Step RF in place as you hitch L knee up

4& Cross LF behind RF, Step RF to R side

5,6 Cross Rock LF over RF, Recover weight to RF

7,8 Make ¼ turn L, stepping LF fwd, Touch RF beside LF (face 6.00)

### [33-40]Single, Single, Double Swing Walks, Repeat

Step RF back to R diagonal as you lift L toe, Step LF back to L diagonal as you lift R

toe

3&4 Step RF back to R diagonal as you lift L toe, Close LF to RF, Step RF back to R

<sup>\*</sup>Tag & restart happens here on Wall 4

700	diagonal as you lift R toe
[41-48]Coast	er Step, Rock Recover, ½ Turn, ¼ Turn, Ballchange, ¼ Turn
1&2	Step RF back, Close LF to RF, Step RF fwd
3,4	Rock LF fwd, Recover weight to RF
5	Make ½ turn over L shoulder, stepping LF fwd (face 12.00)
6	Make ¼ Turn to L, stepping RF to R side (face 9.00)
&7	Close RF behind LF, Step LF in place
8	Making ¼ turn L to face 6.00, Step LF fwd
Tag (occurs	after 16 counts) you will be facing 7.30:
1	Rock RF back, turning head and bringing finger to lips
2	Recover weight to LF squaring up to 7.30
3	Make 1/8 Turn L to face 6.00 as you touch RF beside LF

Step LF back to L diagonal as you lift R toe, Step RF back to R diagonal as you lift L

Step LF back to L diagonal as you lift R toe, Close RF to LF, Step LF back to L

diagonal as you lift L toe

Restart the dance again from the beginning

toe

5,6

7&8