Stand By You



Count: 60 Wall: 2 Level: Advanced

Choreographer: Maggie Gallagher (Feb. 2016)

Music: Stand by You by Rachel Platten (Amazon)

Intro:16 counts (10 secs)

1&2

&3&4

5-6

7&8

Cross left over right

S1: WALK, STEP, ½, ¼ POINT, ROCK BACK DRAG, BEHIND SIDE WALK		
1-2	Walk forward on right, Step forward on left	
&3	½ pivot right, ¼ right pointing left toe to left side [9:00]	
4&5	Cross rock back on left, Recover on right, Take a long step to left side dragging right	
	to meet left	
6&7	Cross right behind left, Step left to left side, Turn left walking forward on right [7:30]	
S2: STEP, ½, STEP, WALK, TRIPLE FULL TURN, CROSS DRAG, ROCK BACK, DRAG ROCK		
BACK		
8&1	Step forward on left, ½ pivot right, Walk forward on left [1:30]	
2-3&4	Walk forward on right, Triple full turn right stepping left right left	
&5	Step right slightly across left, Step left to left side straightening to [12:00] dragging right to meet left	
6&7	Rock back on right, Recover on left, Take a long step to right side dragging left to	
	meet right	
8&	Rock back on left, Recover on right	
S3: 1/4 L, STEP, 1/2, SIDE ROCK CROSS, SIDE ROCK CROSS & BEHIND SIDE CROSS		
1-2&	1/4 left stepping forward on left, Step forward on right, 1/2 pivot left [3:00]	
3&4	Rock right to right side, Recover on left, Cross right over left	
5&6	Rock left to left side, Recover on right, Cross left over right	
&7&8	Step right to right side, Cross left behind right, Step right to right side, Cross left over	
	right facing diagonal [4.30]	
S4: WALK, ½ RISE, RUN LRL, ROCK, ROCK, TOGETHER, ROCK, ROCK, TOGETHER		
1-2	Walk forward on right, ½ left keeping weight back on right & raising left leg up into a	
	kick forward [10:30]	
3&4	Run forward left, right, left	
5-6&	Rock and press forward on right, Recover on left, Step right next to left	
7-8&	Rock and press forward on left, Recover on right, Step left next to right	

S5: CROSS SIDE BEHIND SWEEP, BEHIND SIDE CROSS, PRESS, HITCH, CROSS SHUFFLE

Press forward on right to slight diagonal, Recover on left hitching right

Cross right over left, Step to left side, Cross right over left

left crossing right over left, Step left to left side, Cross right behind left [9:00]

Ronde sweep left from front to back, Cross left behind right, Step right to right side,

S6: & ¼ L, ¼ L, ¼ CROSS SHUFFLE, L, L, ¼ L SHUFFLE (Note: This section is a full turn and		
a ¼)		
&1-2	Step left to left side, ¼ left slightly crossing right over left, ¼ left stepping on left [3:00]	
3&4	slightly crossing right over left, Step left next to right, slightly crossing right over left [12:00]	
5-6	left stepping on left, left slightly crossing right over left [9:00]	
7&8	¼ left stepping forward on left, Step right next to left, Step forward on left [6:00]*Restart Wall 2 & 4	

S7: WALK, SWEEP, SWEEP, L SAILOR, R SAILOR, ROLL, ROLL &

1-2-3	vvalk forward on right, Ronde sweep left from back to front, Ronde sweep left toe from
	front to back (weight on right)
4&5	Cross left behind right, Step right to right side, Step left to left side
&6&	Cross right behind left, Step left to left side, Step right to right side
7-8&	Roll hips to left, Roll hips to right, Step left next to right ** Restart Wall 5

S8: FWD ROCK, BACK, BACK, TOUCH

1-2 Rock forward on right, Recover on left

&3-4 Step back on right, Step back on left, Touch right next to left

RESTARTS:-

* Wall 2 & 4 after 48 counts [12:00]

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Contact: www.maggieg.co.uk

^{**} Wall 5 after 56& counts [6:00]