Feel Alright



Count: 64 Wall: 2 Level: High Intermediate Cha Cha

Choreographer: Neville Fitzgerald (UK) & Julie Harris (UK) - November 2021

Music: Feel Alright - Elise LeGrow: (iTunes)



Start.. 32 Counts on Vocals.

S1. Side	Back Rock	Lock Sten	Sten 1/	2. 1/2 Lock.
o I. Siue.	Dack Nock.	LUCK OLED.	OLED I/	Z. 1/2 LUCK.

1-3 Step Left to Left side, rock back on Right, Recover forward on Left.
4&5 Step forward on Right, lock Left behind Right, step forward on Right.

6-7 Step forward on Left, pivot 1/2 turn to Right (6.00)

8&1 Make 1/4 turn to Right stepping Left to Left side, lock Right across Left, male 1/4 turn to Right

stepping back on Left.(12.00)

S2: 1/4 Rock Recover, Touch Ball Cross, Side Close, Cross Shuffle.

2-3 Make 1/4 turn to Right rocking Right to Right side, recover side Left (3.00)
4&5 Touch Right next to Left, step Right to Right side, cross step Left over Right.

6-7 Step Right to Right side, step Left next to Right.

8&1 Cross step Right over Left, step Left to Left side, cross step Right over Left.

S3: 1/4, 1/4, 1/4 Sailor Cross, Touch, Flick, Lock Step.

2-3 Make 1/4 turn to Left stepping forward on Left, make 1/4 turn to Left stepping Right to Right

side (9.00)

4&5 Cross step Left behind Right, make 1/4 turn to Left stepping to Right side, cross Left over

Right.(6.00)

6-7 Touch Right next to Left, make 1/8 to Left as you flick your Right back (4.30)

Step forward on Right, lock Left behind Right, step forward on Right.

S4: Rock Step, Recover, Lock Step, 1/2, 3/8, Chasse.

2-3 Rock forward on Left, recover back on Right.

4&5 Step back on Left, lock Right over Left, step back on Left.

6-7 Make 1/2 turn Right stepping forward on Right, make 3/8 pencil turn to Right stepping Left

next to Right and weight ending on Left. (3.00)**Restart**

8&1 Step Right to Right side, step Left next to Right, step right to Right side.

S5: Cross Rock, Recover, 1/4 Chasse, Step 1/2 Pivot, Lock Step.

2-3 Cross rock Left over Right, recover back on Right.

4&5 Step Left to Left side, step Right next to Left, male 1/4 turn to Left stepping forward on

Left.(12.00)

6-7 Step forward on Right, pivot 1/2 turn to Left. (6.00)

8&1 Step forward on Right, step Left next to Right, step forward on Right.

S6: Rock, Recover, Back, Close, Rock Recover Back Close.

2-3 Rock forward on Left, recover back on Right.
4-5 Step back on Left, step Right next to Left.
6-7 Rock forward on Left, recover back on Right.

8-1 Step back on Left, step Right next to Left. (*Restart *)

S7: Rock, Recover, Lock Step, Out, Out, Drag Ball Cross.

2-3 Rock forward on Left, recover back on Right.

4&5 Step forward on Left, lock Right behind left, step forward on Left.

6-7 Step out on Right, step out on Left.

Drag Right towards Left, step on Right, cross step Left over Right.

S8: Walk Walk, Lock Step, Rock Recover, Behind 1/4 ...

2-3 Make 1/4 turn to Right stepping forward on Right, make 1/4 turn to Right stepping forward in

Left.

4&5 Make 1/4 turn to Right Stepping forward on Right, lock Left behind Right, step forward on

Right. (3.00)

6-7 Rock forward on Left, recover back on Right.

8& Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right,

Restart Wall 2 with step change

(Dance Up To Section 6 Count 7 Then Touch Left next to Right to Begin Again.

Restart Wall 5

Dance Up To Section 4 Step 7 Then Make 1/4 To Right Crossing Right Over Left to restart from Beginning. Last Update - 29 Nov. 2021