


HIGH COTTON

Choreographed by Niels B. Poulsen

Description: 32 count, 4 wall, low intermediate line dance

Musique: **High Cotton** by Alabama [91 bpm / [For The Record](#) / 

Intro: 26

WALK RIGHT AND LEFT, RIGHT ROCKING CHAIR, STEP $\frac{1}{4}$ LEFT, EXTENDED CROSSING HEEL SHUFFLE

1-2 Step right forward, step left forward

3&4& Rock right forward, recover to left, rock right back, recover to left

5& Step right forward, turn $\frac{1}{4}$ left (weight to left) (9:00)

6&7&8 Cross right heel over, step left slightly side, cross right heel over, step left slightly side, cross right over
LEFT SCISSOR STEP, $\frac{1}{2}$ RUMBA BOX, LEFT TOGETHER, STEP RIGHT FORWARD AND LEFT, RUN RIGHT LEFT RIGHT

1&2 Step left side, step right slightly back, cross left over

3&4& Step right side, step left together, step right forward, step left together

Restart here on wall 4

5-6 Step right forward, step left forward

7&8 Step right forward, step left forward, step right forward

LEFT MAMBO STEP FORWARD, FULL TURN RIGHT WITH CLAPS, RIGHT COASTER CROSS, LEFT CHASSE

1&2 Rock left forward, recover to right, step left back

3&4& Turn $\frac{1}{2}$ right and step right forward, clap, turn $\frac{1}{2}$ right and step left back, clap

Option for 3&4&: step right back, clap, step left back, clap

5&6 Step right back, step left together, cross right over

7&8 Chassé side left-right-left

2 HEEL SWITCHES, RIGHT HEEL HOOK HEEL, RIGHT VINE, CROSS, BIG SIDE STEP RIGHT, LEFT TOGETHER POP

1&2& Touch right heel forward, step right together, touch left heel forward, step left together

3&4 Touch right heel forward, hook right over, touch right heel forward

5&6& Step right side, cross left behind, step right side, cross left over

7-8 Big step right side, slide/step left together and raise right heel (pop right knee forward) (9:00)

REPEAT

RESTART

Restart on 4th wall (starts facing 3:00), after 12 counts, now facing 12:00

OPTION

On wall 7, which starts facing 6:00, the beats are particularly strong on counts 13-16. Rather than doing 2 walks and 3 runs, run forward on counts 5&6&7&8 hitting the strong beats in the music. (3:00)

ENDING

To hit the last beat in the music, finish the 8th wall (12:00). There are only a few beats left in the music. The music slows down but follow the original speed of the music doing the first 4 counts of the dance, then

5-6-7&8 Step right forward, step left forward, chassé forward right-left-right

End with a right stomp forward on count 8

Informations pour contacter le chorégraphe:

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