



Lamtarra Rhumba



INTERMEDIATE	STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
	Section 1 1 - 2 3 - 4 5 - 6 7 - 8	Rhumba Box. Left steps to left side. Right slides beside left. Left steps forward. Hold. Right steps to right side. Left slides beside right. Right steps back. Hold.	Left. Close. Forward. Hold. Right. Close. Back. Hold.	On the spot
	Section 2 9 10 - 12 13 14 - 16	Hip Bumps & Hold. Left steps small step to left rocking hips left. Rock hips right. Rock hips left. Hold. Right steps small step to right rocking hips right. Rock hips left. Rock hips right. Hold.	Rock 2, 3 Rock 2, 3	On the spot
	Section 3 17 - 20 21 - 22 23 - 24	Step Forward, Left, Right, Rock Step, Hold. Step forward left. Hold. Step forward right. Hold. Cross rock left in front of right. Rock back onto right in place. Step left beside right Hold.	Left Hold Right Hold Cross Rock Step Hold	Forward On the spot
	Section 4 25 - 28 29 - 30 31 - 32	Step Forward, Right, Left, Rock Step, Hold. Step forward right. Hold. Step forward left. Hold. Cross rock right in front of left. Rock back onto left in place. Step right beside left. Hold.	Right Hold Left Hold Cross Rock Step Hold	Forward On the spot
	Section 5 33 - 34 35 - 36 37 - 38 39 - 40	Step Left, Together, Left, Hold, Back Rock, Hold. Left steps to left side. Right steps next to left. Left steps to left side. Hold. Rock right back behind left. Rock forward onto left. Right steps to right side. Hold.	Side. Close. Side. Hold. Cross Behind Step Hold	Left On the spot
	Section 6 41 - 42 43 - 44 45 - 46 47 48	Extended Grapevine Right, 1/4 Pivot Turn Left. Cross left behind right. Step right to right side. Cross left in front of right. Step right to right side. Cross left behind right. Step right to right side. Left crosses in front of right. With weight on left make 1/4 turn left hitching right knee.	Behind. Side. In front. Side. Behind. Side. In front Turn	Right Turning left
	Section 7 49 - 52 53 - 54 55 - 56	Forward Right, Left, 1/4 Turn Left, Step, 1/4 Turn Right. Step forward right. Hold. Step forward left. Hold. Make 1/4 turn left and step right to right side. Step left beside right. Step right to right side making 1/4 turn right. Hold.	Right Hold Left Hold Side Close Turn Hold	Forward Turning left Turning right

4 Wall Line Dance:- 56 Counts. Intermediate Level.

Choreographed by:- Tony Chapman (UK) 1995

Music Suggestions:- 'Island Time' by Larry Jo Taylor (144 bpm), Coco Jambo by Mr President; 'New Train' by John Prine or 'Cowboy Mambo' by Tom Sussell

Tony choreographed this dance in 1995 when 'Lamtarra' won the Derby - he admits to having a pound on it!