

No Apology

Count: 48 **Wall:** 4 **Level:** High Intermediate

Choreographer: Maggie Gallagher (January 2018)

Music: This Is Me by Keala Settle from The Greatest Showman (Amazon)



Intro: 16 counts

S1: SIDE, ? COASTER, CROSS SIDE BACK, BACK SIDE FORWARD, WALK

- 1 Long step to left side dragging right to meet left
2&3 ? right stepping back on right, Step left next to right, Step forward on right [1:30]
4&5 Cross left over right, ? left stepping right to right side, ? left stepping back on left [10:30]
6&7 Step back on right, ¼ left stepping left to left side, ? left stepping forward on right [6:00]
8 Walk forward on left

S2: ½ PIVOT, WALK, TRIPLE FULL TURN & PRESS, RECOVER & BACK

- 1-2 ½ pivot right, Walk forward on left [12:00]
3&4 ½ left stepping back on right, ½ left stepping forward on left, Step forward on right
&5-6 Step left next to right, Press forward on right, Recover on left
&7 Step right next to left, Step back on left

S3: ½ SHUFFLE, ¾ SWEEP, BEHIND SIDE CROSS, SIDE, BACK ROCK SIDE, BACK ROCK

- 8&1 ½ right stepping forward on right, Step left next to right, Step forward on right [6:00]
2 ¾ right stepping back on left ronde sweeping right from front to back [3:00]
3&4 Cross right behind left, Step left to left side, Cross right over left
5-6& Step left to left side, Cross rock right behind left, Recover on left
7-8& Step right to right side, Cross rock left behind right, Recover on right

***Restart Wall 3 * - *Tag & Restart Wall 7**

S4: ¼ WALK, RUN RUN, ¼ WALK, ¼ SWEEP, CROSS, BACK SIDE CROSS, POINT

- 1-2& ¼ left walking forward on left, ? left running forward on right, ? left running forward on left [9:00]
3-4 ¼ left walking forward on right, ¼ left stepping forward on left ronde sweeping right from back to front [3:00]
5-6& Cross right over left, Step back on left, Step right to right side
7-8 Cross left over right, Point right to right side

S5: TOUCH & HEEL & CROSS & HEEL & CROSS, SIDE TOUCH SIDE TOUCH SIDE

- 1&2& Touch right next to left, Step back slightly on right, Tap left heel to left diagonal, Step left in place
3&4& Cross right over left, Step back slightly on left, Tap right heel to right diagonal, Step right in place
5-6& Cross left over right, Step right to right side, Touch left next to right
7&8 Step left to left side, Touch right next to left, Step right to right side

S6: ¼ COASTER, STEP, ½ PIVOT, ¼ SIDE ROCK & SWAY, SWAY

- 1&2 ¼ left stepping back on left, Step right next to left, Step forward on left [12:00]
3-4 Step forward on right, ½ pivot left [6:00]
5-6& ¼ left rocking right to right side, Recover on left, Step right next to left [3:00]

7-8 Sway left, Sway right

TAG: At the end of Wall 1 facing [3:00]

1-2 Sway left, Sway right

3-4 Sway left, Sway right

***RESTART: After 24 counts (end of S3) on Wall 3 facing [9:00]**

****TAG & RESTART: On Wall 7 after 24 counts (end of S3) facing [9:00]**

1-2 Sway left, Sway right

Then Restart the dance facing [9:00]

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