

What Freedom Is

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 2

Niveau: Intermediate

Chorégraphe: Daniel Trepât (NL) - November 2025

Musique: Freedom - Caine Walker



Intro: 16 counts from first beat in music (app. 14 seconds into track)

[1 – 8] Step Fwd, Rock Step, Step L, Cross, ¼ Turn L Step Fwd, Rock Step, Step Back, ¼ Turn L Step L, Cross, Step L

- 1 - 2 & 3 Step R forward (1), Rock L forward (2), Recover on R (&), Step L to L side (3) 12:00
4 & 5 & Cross R behind L (4), Turn ¼ L stepping L forward (&), Rock R forward (5), Recover on L (&) 9:00
6 & 7 - 8 Step R back (6), Turn ¼ L stepping L to L side (&), Cross R over L (7), Step L to L side (8) 6:00

[9 – 16] Sailor Step, Cross, Step R & Sweep, Syncopated ½ Diamond Fallaway, Step R

- 1 & 2 Cross R behind L (1), Step L to L side (&), Step R to R side (2) 6:00
& 3 Cross L behind R (&), Step R to R side & sweep L forward (3) 6:00
4 & 5 & 6 & 7 Cross L over R (4), Step R to R side (&), Turn ⅛ L stepping L back (5), Step R back (&), Turn ⅛ L stepping L to L side (6), Turn ⅛ L stepping R forward (&), Step L forward (7) 10:30
8 Turn ⅛ L stepping R to R side (8) 12:00

[17 – 24] Cross & Hitch, Chassé ¼ Turn R, Step ¾ Turn R, Weave L, Step L, Rock Step

- 1 – 2 & 3 Cross L behind R & hitch R (1), Step R to R side (2), Step L next to R (&), Turn ¼ R stepping R forward (3) 3:00
4 & 5 Step L forward (4), Turn ½ R stepping on R (&), Turn ¼ R stepping L to L side (4) 12:00
& 6 & Cross R behind L (&), Step L to L side (6), Cross R over L (&) 12:00
7 – 8 & Step L to L side (7), Rock R back (8), Recover on L (&) 12:00

[25 – 32] Step R, ¼ Diamond Fallaway, Kick & Rock Step, Kick & Step R, ¼ Turn L, Close, Knee Pop

- 1 – 2 & 3 Step R to R side (1), Turn ⅛ L stepping L back (2), Step R back (&), Turn ⅛ L stepping L to L side (3) 9:00
4 & 5 & Kick R forward (4), Step R next to L (&), Rock L to L side (5), Recover on R (&), 9:00
6 & 7 – 8 Kick L forward (6), Step L next to R (&), Step R to R side (7), Step L next to R & turn ¼ L while popping R knee forward (8) 6:00

HAPPY DANCING!